

2018 Disaster Academy Course Catalog

Title	Description
Basic Life Support (BLS) for Healthcare Providers	<p>Basic Life Support (BLS) for Healthcare Providers from the American Red Cross allows healthcare and public safety professionals to meet a variety of certification and licensing requirements.</p> <p>Our healthcare providers' BLS curriculum includes all standard scientific learning objectives necessary in professional resuscitation courses, but also allows students to develop their critical thinking and teamwork skills, and work on reflection and debriefing, which serves to strengthen their overall learning and work experience. In addition, our courses are modular and flexible, and offer medical directors, educators and Red Cross training partners the ability to tailor courses to their students' specific needs. This course is for individuals who are Disaster Health Services Workers; <u>this is not a general CPR, First Aid, and AED course.</u></p>
Born on the Battlefield	<p>Born on the Battlefield, is an instructor-led class that provides an introduction to the history of the Geneva Conventions and the International Red Cross and Red Crescent Movement by examining their common roots and their current state. The course engages participants through videos and group discussions. Participants are encouraged to apply their knowledge through further learning and the promotion of the chapter involvement in International Service Programs.</p>
Bulk Distribution Operations	<p>The purpose of this course is to prepare participants for the tasks and responsibilities in setting up, operating and supporting Bulk Distribution on a local response and disaster relief operation.</p>
Capitol Mall Evening Walk	<p>You've driven a ways to get here? Been sitting in class? Let's take a walk and see the Oregon Capitol Mall under the lights and take a look at several new monuments. This is an opportunity for individuals who would like to take walk in the evening air. The walk will include the Oregon State Capitol (outdoor view), Fallen Trooper Memorial, and the Oregon WWII Memorial. A team leader will help guide the group. Bring a jacket and gather in the social area.</p>
Care Assistant Training Skills Test	<p>The purpose of this course is to prepare disaster responders and partners to safely assist people with disabilities and other access and functional needs, and access and utilize Red Cross facilities and services while promoting the independence of the clients served. This skills assessment segment will not take the entire time and will vary based on the number of people being tested. Individuals will need to take Care Assistant Fundamentals online before they can complete the skills test.</p>
Collaborating Essentials	<p>Collaborating Essentials is a basic level, instructor-led course designed to promote and support collaboration at the Red Cross. Participants will engage in discussions and scenarios to determine the different skills and behaviors required for building and maintaining internal and external relationships. The course emphasizes the role that collaboration plays in the successful delivery of disaster services.</p>

Concept of Operations Management & Simulation (NEW) (Salem Office)	<p>The purpose of this course is to provide an in-depth understanding of the Concept of Operations and instructions for how to apply the doctrine. The purpose of this simulation is to allow learners to apply concepts and develop their understanding of the Concept of Operations in a no-fault environment. After completing this course, participants should be able to: Explain the importance of the Concept of Operations to the success of an operation; explain the key highlights of the Concept of Operations; describe the principles and features of all operations, including common planning architecture and resource management; understand and be able to implement the process for executing DROs, especially organizing large operations into districts; understand and apply the operational roles and responsibilities, and how they relate to each other as outlined in the Concept of Operations. Audience: All Red Cross disaster workers in leadership roles, specifically: Chief (CH), Manager (MN), Supervisor (SV), and Operations Management (OM) roles; Division and region disaster leadership (including DDEs, DDDs, DDSRDs, DRMT, RDOs, SDPMs, DPMs, DPSs; associated volunteer partners, and other volunteer leadership.</p> <p>Prerequisites: Disaster Cycle Services: An Overview Concept of Operations Basics Operations Planning Fundamentals Incident Reporting Fundamentals</p>
Defensive Driving	The purpose of Defensive Driving is to prepare participants to safely drive Red Cross vehicles by familiarizing them with driver responsibilities, techniques to avoid accidents, and the behaviors that support Fleet Safety Programs.
Deployment Panel	The Deployment Panel shares tips and experiences to help make disaster workers successful on their job assignment. Acknowledging that no two disasters are alike, there are things a responder can do ahead of time to help make their deployment more comfortable and effective. The panel will consist of individuals who have been deployed in the last year who can share some tips regarding the difference between a national and local deployment. They will take your questions and provide information based on their experiences.
Disaster Academy Photo	Plan your day to make sure t you are in our 6th Annual Disaster Academy Photo outside Cone Chapel immediately following Session #3.
Disaster Action Team Basics (NEW)	Interested in helping families impacted by disaster in your local area? Join us in Disaster Action Team Basics and learn how you can serve as a member of a Disaster Action Team. This class provides current resources and doctrine that are essential to DAT program leadership and to DAT responders. When you complete the course you may be eligbile to go on DAT calls in your local area.
Disaster Assessment Fundamentals (New)	This course is a new update to Disaster Assessment Fundamentals and all Disaster Assessment workers are encouraged to take the course. The purpose of this course is to prepare participants to conduct Detailed Damage Assessments accurately, efficiently and safely using new technology when assigned to a disaster response.
Disaster Cycle Services Activity Faire	Welcome to the Disaster Academy! Join us to learn more about the different activities available in the American Red Cross and catch up with your fellow volunteers. This is an opportunity to meet people, get invovled, talk to people who have deployed in the activities and share a snack as we kick off a great weekend of training.
Disaster Health Services Team Meeting (Salem Office)	This meeting provides an opportunity for Disaster Health Services members to come together to discuss pertinent information, items of interest, and to network with each other.
Disaster Mental Health Team Meeting	This meeting provides an opportunity for Disaster Mental Health Services members to come together to discuss pertinent information, items of interest, and to network with each other.

Disaster Response Management Simulation (Two Day Course)	<p>This is a two day class and requires participants to attend the entire course on Friday and Saturday. Participants will also need to take the <i>new Concept of Operations Basics</i> prior to this class by taking the new online class or by attending the Thursday Opening Session to complete the New Concept of Operations requirement. The goal of this course is to prepare Red Cross disaster workers to function effectively as managers and leaders on a district level or larger relief operation within a region, state, or division.</p> <p>Prerequisites must be completed by May 10th and include: Disaster Assessment Fundamentals, Shelter Fundamentals, Casework & Recovery Planning Fundamentals, Frontline Supervisor/Simulation or Disaster Workforce Supervision, Operations Planning Fundamentals, Incident Reporting Fundamentals, Feeding Fundamentals.</p> <p>Individuals must take the Thursday evening opening session: <i>Concept Operations Basics</i> (new in 2018).</p>
Disaster Services Technology Overview	This course provides an overview of the Disaster Services Technology activity and will help individuals identify the process to become a DST worker.
Duty Officer Meet & Greet	Meet the Red Cross Duty Officers and put face to the voices that wake you up in the middle of the night. This is a great chance to meet the Duty Officers and also give you a chance to ask questions about the job of the Duty Officer and what is expected.
ERV: Ready, Set, Roll (Salem Office)	<p>As a prospective ERV driver, you must be aware that there are a number of requirements. It is your responsibility to make sure these are taken care of (some are actually done by staff), but you need to make sure your records are accurate. The requirements are listed below with some guidance to help you. You must be able to show your driver's license before you can take the road test and have completed the Defensive Driving course. The other requirements can be done either before the class or after, but you cannot be certified until all are completed.</p> <p>Requirements: The ERV: Ready, Set, Roll course is done in three parts: Self-study, Vehicle Orientation (classroom), and Road Test. You must: Be 21 years of age; Have a valid driver's license. Have completed the online Safe Food Handling course; Have completed the Defensive Driving course; Current certifications in First Aid and CPR Must be on your Red Cross training record;</p> <p>Also, there are a number of physical capacity requirements for Feeding staff, including ERV drivers. ERV drivers don't just drive, so it is important that you are able to load, feed, clean, etc. Please be honest in your self- assessment regarding your capacity to perform these tasks. I can speak from personal experience that these are not unusual expectations for ERV drivers. If you cannot perform these activities, you may not want to take the course. Physical capacity; Lift/carry 50 lbs multiple times per shift • Work in extreme heat and/or humidity; Stand for 2 hr periods; Work outdoors in inclement weather; Sit for 2 hr periods; Work in extreme cold; Walk on uneven terrain; Able to step up/down 18 inches; Walk for 2 miles during a shift; Speak clearly on phone and in person; Bend or stoop multiple times during a shift; Drive in day time and at night; Climb 2 or more flights of stairs</p>

Feeding Fundamentals	<p>The purpose of this course is to provide participants with skills and knowledge about the feeding process for disaster response at the Red Cross. Upon completion of this course, participants will be able to describe the components and requirements of feeding including:</p> <ul style="list-style-type: none"> • Identifying and assessing needs • Selecting the appropriate feeding method(s) • Developing work assignments • Executing feeding • Assessing ongoing feeding needs • Closing the feeding site or operation <p>Prerequisites: Disaster Cycle Services: An Overview</p> <ul style="list-style-type: none"> • Mass Care: An Overview • Basic Food Safety
Friday Evening Social Event	This is your chance to relax and get to know other people. Join us for an evening snack after the Friday General Session.
General Session #2: International Services & the North American Humanitarian Response Initiative	Join us on Friday night and learn about the North American Humanitarian Response Initiative
General Session #3: Oregon State Fire Marshal and Cascades Region Update	Join us on Saturday morning and hear from Jim Walker, the Oregon State Fire Marshal and find out all of the updates around the Cascades Region.
General Session #4: Oregon Office of Emergency Management & Pacific Division Update	Join us on Sunday morning and hear from Andrew Phelps, Director at Oregon Emergency Management followed by Denise Everhart, Pacific Division Disaster Executive with an update about the Pacific Division.
Government Operations Fundamentals	<p>Government Operations Fundamentals is a basic level, instructor-led course that introduces the roles, responsibilities and tasks of the Red Cross Government Liaison. The course content is based on the Government Operations Handbook and other Disaster Services program guidance. Participants engage in activities and scenarios that Red Cross government liaisons typically encounter when representing the Red Cross throughout the disaster cycle. The course will also spend time discussing the Red Cross role in ESF6. Prerequisites: The following courses are highly recommended prior to attending or soon after completing Government Operations Fundamentals. Red Cross Training Require: Emergency Operations Center Liaison Self-Study (online); Collaborating Essentials. FEMA: IS-100.b Introduction to Incident Command System; IS 230.c Fundamentals of Emergency Management; IS-700.a NIMS An Introduction; IS-800.b National Response Framework: An Introduction.</p>
Ins and outs of building your promotion packet	Looking for your next step in being promoted? Have a recommendation but don't know what to do? Come join Susan and learn the process to complete your promotion request packet.
Integrated Care Condolence Teams	<p>The purpose of this course is to train current disaster responders in Casework and Recovery Planning, Disaster Health Services, Disaster Mental Health and Disaster Spiritual Care on the Integrated Care Condolence Team (ICCT) Standards and Procedures, and to provide guidance and best practices for working in an integrated care condolence team environment. Prerequisite: Disaster Cycle Services: An Overview (Note: Learners should already be Disaster Cycle Services workers in Disaster Health Services, Disaster Mental Health, Casework and Recovery Planning, or Disaster Spiritual Care and have completed the appropriate training for their respective activity).</p>
Life Safety & Asset Protection Introduction	Life Safety & Asset Protection is an activity within the Logistics Group. This session will describe the role and responsibilities of this activity and how members support disaster operations.

Logistics: An Overview	Logistics: An Overview is an instructor-led, basic level course designed to give participants an overview of the Logistics group and the activities associated with it. Participants will learn about the skills, abilities and knowledge needed by Logistics workers and how they can become involved in their local area.
Logistics: In-Kind Donations on Disaster Relief Operations Fundamentals	In-Kind Donations on Disaster Relief Operations Fundamentals is a basic level, instructor-led course that introduces the responsibilities and tasks of an In-Kind Donations responder working in Logistics operations on a disaster relief operation. Participants engage in activities and scenarios that Red Cross Supply responders typically encounter when working on a Red Cross disaster relief operation. Prerequisite: Logistics: An Overview
Mind and Body (Introduction and Skills) (NEW)	<p>Introduction to Mind-Body Skills</p> <p>The purpose of this module is to help participants think about ways they would like to improve their well-being. This module is taught as an introduction to the idea of mind-body practice and provides attendees with some foundational tools from which they can build a mind-body practice for themselves. For those participants who are unsure about which module might be best for them or who are hesitant about trying mind-body skills, this module provides an introductory look into the field. The mind-body skills taught in this module are included below. All topics may not be taught every time. Based upon the topics/skills the group is most interested in, the facilitator will then choose activities from the following: Breathing, Mindfulness, Techniques, Stretching and Movement, Body Awareness and Functioning, Guided Imagery</p> <p>Using Mind-Body Skills</p> <p>The purpose of this module is to guide participants in ways they can use mind-body techniques for personal and professional growth. The module is meant to help group attendees gain an understanding of mind-body practice that goes deeper than what is taught in the introductory module and learn new techniques that contribute to self-growth. Goals are developed by individual participants, and the discussion centers on managing stress through mind-body awareness in order to work toward goals and contribute to growth. The mind-body skills taught in this module are included below. All topics may not be taught every time. It will be up to the facilitator to choose which topics/skills to present, based on the group's interests.</p>
North American Humanitarian Response Initiative	This year we will have International Guests joining us from the North American Humanitarian Response Initiative. This session is for invited guests only of the the North American Humanitarian Response Initiative.
Opening Session & Concept of Operations	Welcome to the Disaster Academy! Join us for our opening session and kickoff of the 2018 Disaster Academy that includes and review of the Concept of Operations.
Oregon Capitol & Gold Man Tour	Interested in getting a tour of the Oregon Capitol? Join us on this walking tour of the Oregon State Capitol and then weather permitting, you can choose if you would like to climb the 122 steps to the top of the Rotunda to see the Gold Man and an amazing view. The 122 stairs are up a spiral staircase. We'll gather in the Capitol at the visitor information desk at 3:45.

Pillowcase Project: Module 2	The Pillowcase Project is a preparedness education program for children in grades 3-5, which teaches students about personal and family preparedness, local hazards, and basic coping skills. Generally given as a 60 minute presentation by Red Cross volunteers, the program leads students through a learn, practice, share framework to engage them in disaster preparedness. Students receive a sturdy pillowcase upon completion of the program in which they are encouraged to build their personal emergency supplies kit. Presentations are customized to focus on a hazard that is important and relevant to the local community. Prerequisite: Pillowcase Project Module 1 in EDGE.
Prepare! Leader	This session will introduce participants to the Preparedness group, and explains how to present the preparedness message to adults. This course will also offer public speaking tips, and new updates to the materials for those volunteers who may already have experience with the Prepare! program.
Psychological First Aid	Psychological First Aid is a basic level, instructor-led course. It provides a framework for understanding the factors that affect stress responses in disaster relief workers and the clients they serve. Participants engage in practice exercises and complete a self-review questionnaire.
Public Affairs: Telling the Red Cross Story & Interview Practice	Curious about Public Affairs? Want to learn more about sharing the Red Cross Story? Nervous about interviews and looking for tips? Curious about ways to volunteer with the Public Affairs Team? This workshop will help you tell the Red Cross Story and share tips to make your interviews go well.
RC Collect and Disaster Assessment Drill (NEW)	Learn to use the RC Collect Application and then complete the drill by completing assessments in the local area. This course will require you to walk up and down the streets in a neighborhood near the Willamette Campus. Participants are encouraged to take the updated Disaster Assessment Fundamentals in the morning. <i>Individuals must sign up for this class by May 4th so that credentials can be completed for the application before the day of the course.</i>
SAF Casework Introduction	Interested in being involved with our Service to Armed Forces Group? Come to our introduction about SAF Casework and learn more about what our SAF group is involved with here in the Cascades Region.
SAF Reconnection Workshop	The American Red Cross has developed the Reconnection Workshops. This program for service members, veterans and their families is meant to assist them in transitioning back to life at home after deployments and civilian life. This is a free and confidential program to help those facing challenges in returning to family life, their jobs, and living again in their community. Modules are offered in small groups and participants can choose from a selection of course topics that interest them. This course is open to volunteers & staff who are family members of veterans. It isn't limited to just vets, it is for both vets and family members.
Saturday Evening Social Event	Join us on Saturday evening for a treat and conversation. This is the time to make connections and get to know other people in the Cascades Region.
Shelter Management	The purpose of this course is to prepare participants to perform the roles, responsibilities and tasks of a shelter manager in a Red Cross shelter. Prerequisites: Disaster Frontline Supervisor & Simulation or Disaster Workforce Supervision, Shelter Fundamentals, Basic Food Safety, Feeding Fundamentals
Shelter Survey Workshop	Learn how to complete the Shelter Survey form that is used to assess facilities and determine suitability to become a Red Cross Shelter. This class is a course that will help you fill out the form, make assessments about the facility, and help your local area build capacity as you update your shelter surveys. This course will help you understand shelter needs, functional and access needs, and will help you answer questions that facility owners may pose. Prerequisites: Shelter Fundamentals and Logistics: An Overview

Sheltering with Confidence	To help volunteers interested in sheltering gain a greater understanding of the forms used in Mass Care, the registration process, dorm layout, and set-up and take down so you can build your competence and confidence in your own ability to work in a shelter, supervise a shelter, and/or manage a shelter. The course uses the Sheltering Handbook as its guide in a fun and interactive workshop that will help you gain greater understanding of the sheltering activity. This course also contains a segment on access and functional needs in a shelter. Prerequisite: Shelter Fundamentals and Basic Food Safety
Sheltering: Meet, Greet, & Celebrate	If you have worked in a shelter or have an interest in sheltering, please join us. This is an opportunity to meet fellow shelter workers from across the Region. It is a time to connect, share stories, celebrate each other and our love for sheltering. We invite everyone, even if you are not able to attend the Academy, to please send pictures of your shelter experiences to ann.fenderson@redcross.org by May 3.
Disaster Spiritual Care Introduction (New)	Learn more about one of the newest activities in the Red Cross. Provides interfaith support, comfort and care to address spiritual needs of individuals impacted by disaster. Join us to learn more about Disaster Spiritual Care and how to complete your position in the disaster workforce in this activity.
Supervising the Disaster Workforce (New)	The purpose of this course is to prepare supervisors to lead a team of disaster workers to deliver high-quality client service and to create a climate that promotes worker satisfaction. All new and current supervisors and above will be required to take this course before assignment on a disaster relief operation or in the next 6 months. This course contains a large amount of content that was not in Disaster Frontline Supervisor. It addresses many of the issues that have come up on recent operations that well-trained supervisors can resolve. It also covers updated information on working with Event Based Volunteers, new progressive discipline and issue resolutions procedures, intergenerational communications, and worker satisfaction processes. Prerequisites: Disaster Cycle Services: An Overview and all of the training required to be a Service Associate in an activity in which he or she expects to become a supervisor.
Supply Fundamentals	Supply Fundamentals is a basic level, instructor-led course that introduces the responsibilities and tasks of a Supply responder working in Logistics operations. Participants engage in activities and scenarios that Red Cross Supply responders typically encounter when working on a Red Cross disaster relief operation.
Supporting Volunteers and Managing Teams	This course is designed to benefit those who are new to working with volunteers as well as those who have previous experience. It will present opportunities to raise your self-awareness about what you are doing well, as well as identify the positive changes you can make to enhance your success as a supervisor of volunteers.
WiFi Garden	The WiFi Garden is a place to work on online courses or get help with your Red Cross accounts. We have gardeners standing by to help you download your materials if you are stuck, assign your pre-requested computers, and are available in general to help you with computer issues. Staff from Volunteer Services will be available to assist with issues related to Volunteer Connection and EDGE.