

Title	Description
Basic Life Support (Licensed DHS)	The purpose of the Basic Life Support for Healthcare Providers (BLS) course is to ensure that individuals with a duty to respond (public safety professionals and healthcare providers) have the knowledge and skills necessary to respond to breathing and cardiac emergencies. The course emphasizes active, hands-on learning and uses scenario activities to help participants learn how to provide CPR, use an AED and relieve an obstructed airway for adult, child and infant patients.
Blood Donation: Give the Gift of Life	Give the gift of life. Join us at the Blood Mobile and make a blood donation.
Born on the Battlefield	This course is designed to introduce participants to the role of the American Red Cross as part of a worldwide network dedicated to the relief of suffering.
Bulk Distribution Operations Fundamentals	The purpose of this course is to prepare participants for the tasks and responsibilities in setting up, operating and supporting Bulk Distribution on a local response and disaster relief operation.
Care Assistant Training Workshop	This course is designed to enhance the Red Cross capability to assist clients with the basic needs of daily living during disaster and in an unfamiliar environment. It is also designed to enhance the ability to meet the activity of daily living needs of client as an adjunct to and supervised by Disaster Health Services. The vision is to train shelter workers and partners to meet the mobility, transferring, feeding, and observation essentials of clients with disabilities, functional and access needs, under the supervision of Disaster Health Services. This training will prove beneficial to not only clients, but also to volunteers because it includes basic body mechanics tips that should reduce the incidence of back and other body strains. This training includes instructor-led lecture, demonstration, written and skills testing. Students will have to complete the written test and skills testing with 80% accuracy. Failure to comply with all safety measures will result in an incomplete for the training. Care Assistants will be considered an adjunct to Mass Care, under the supervision of Disaster Health Services.
Collaborating Essentials	Collaborating Essentials is a basic level, instructor-led course designed to promote and support collaboration at the Red Cross. Participants will engage in discussions and scenarios to determine the different skills and behaviors required for building and maintaining internal and external relationships. The course emphasizes the role that collaboration plays in the successful delivery of disaster services.
Concept of Operations	In this workshop we will explore the Disaster Cycle Services Concept of Operations which was published November 2014. As part of that discussion we will delve into further detail on ICS, incident action planning, and situation reporting. The entire workshop will offer an insight into how the meetings/reporting/products are developed and distributed on a disaster. It is highly recommended that you take the ICS workshop prior to this workshop.
DAT Casework: Follow-Up & Supervisory Workshop	This course will focus on the follow-up casework after the initial DAT course and will then go into supervisory aspects of casework. This workshop will be helpful to both new and experienced DAT workers and will help give a better understanding of casework after the initial DAT call.
DAT Skills: Interviewing & Documenting Workshop	This course will focus on the interviewing and documenting aspects of the casework that are required of DAT Workers. This course is designed for both new and experienced workers and has tips and reminders to help improve casework.
DAT Workshop	In this workshop we will explore a variety of DAT responses and discuss interviewing techniques to help ensure we capture all necessary client information effectively. We will offer tips and examples of strong narrative writing, assistance justification, building a recovery plan, and case reviews.
Defensive Driving	This course is designed to teach driving safety and is taught to all Red Cross staff and volunteers who drive Red Cross vehicles; It is required for anyone that will or may in the future drive a Red Cross vehicle (including rentals). It is highly recommended that all volunteers take this course.
Deployment Basics 201	This course is a follow up and will focus on preparation for a regional multi-day deployment.
Deployment Fundamentals	Deployment Basics introduces responders to the expectations and responsibilities of being a responder and prepares them for what to expect before, during and after a disaster assignment. The workshop will also spend some time discussing the use of Staff and Travel Cards when deployed.

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Disaster Frontline Supervisor & Simulation Disaster Health Service Team	Disaster Frontline Supervisor (DFS) is an instructor-led, basic level course. The Disaster Frontline Supervisor Handbook provides disaster relief operations supervisors with tools that support their success. The handbook is for use on operations and in the classroom. You will receive a link to the handbook to use in the course. Disaster Frontline Supervisor Simulation (DFSS) is an instructor-led, basic level course. The simulation builds on the information presented in the Disaster Frontline Supervisor (DFS) course. The simulation provides participants an opportunity to practice key supervisory skills and use the Disaster Frontline Supervisor Handbook as a resource.
Meeting	This meeting provides an opportunity for Disaster Health Services members to come together to discuss pertinent information, new protocols, items of interest, and to network with each other.
Disaster Mental Health Team Meeting	This meeting provides an opportunity for Disaster Mental Health Services members to come together to discuss pertinent information, new protocols, items of interest, and to network with each other.
Disaster Operations Controls: Form 5266 Fundamentals	Disaster Operations Control: Form 5266 Fundamentals introduces the Form 5266 as a management tool for recording information about services provided and financial commitments made during a relief operation. Participants will learn the sources for data reported on the Form 5266. This includes the Data Collection Tool that is used during all operations to easily and consistently collect information for the Form 5266 report.
Disaster Services Automated Reporting System (DSARS) Workshop	The Disaster Services Automated Reporting System (DSARS) is a Web-based tool that is used in all chapters, regions and disaster relief operations to report incidents, disaster operations, damage assessments, and Disaster Operations Control Form 5266 reports. Attendees will learn how to use DSARS for all its data recording and operational reports functions. Then, they will have the opportunity, to do exercises in the DSARS sandbox. After this workshop, attendees will be qualified to receive a DSARS user ID and to support the DSARS requirements of their chapter or region. Current DSARS users are welcome to refresh and expand their skills by joining the workshop. This course is recommended for all FSI workers.
ERV Driving Test (If you haven't had Defensive Driving ahead of the Academy, you'll need to schedule your ERV test drive time here)	This time is saved for individuals to complete their driving test for the ERV course. If you have not had Defensive Driving ahead of the Academy, please make sure that you sign up for this session so you can finish your ERV: Ready, Set, Roll Course.
ERV Driving Test (You've had Defensive Driving already and just need to take the ERV class and the drive test.)	This time is saved for individuals who have already completed their Defensive Driving ahead of the Disaster Academy. Please make sure that you sign up for this session so you can finish your ERV: Ready, Set, Roll Course.

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ERV: Ready, Set, Roll!	As a prospective ERV driver, you must be aware that there are a number of requirements. It is your responsibility to make sure these are taken care of (some are actually done by staff), but you need to make sure your records are accurate. The requirements are listed below with some guidance to help you. You must be able to show your driver's license before you can take the road test and have completed the Defensive Driving course. The other requirements can be done either before the class or after, but you cannot be authorized until all are completed.
	The ERV: Ready, Set, Roll course is done in three parts: Self-study, Vehicle Orientation (classroom), and Road Test. You must: • Be 21 years of age; Have a valid driver's license • Have completed the online Safe Food Handling course • Have completed the Defensive Driving course
	 Current certifications in First Aid and CPR •Must be on your Red Cross training record Also, there are a number of physical capacity requirements for Feeding staff, including ERV drivers. ERV drivers don't just drive, so it is important that you are able to load, feed, clean, etc. Please be honest in your self- assessment regarding your capacity to perform these tasks. I can speak from personal experience that these are not unusual expectations for ERV drivers. If you cannot perform these activities, you may not want to take the course.
	Physical capacity
	 Lift/carry 50 lbs multiple times per shift Work in extreme heat and/or humidity
	Stand for 2 hr periods Work outdoors in inclement weather
	 Sit for 2 hr periods Walk on uneven terrain Work in extreme cold Able to step up/down 18 inches
	 Walk for 2 miles during a shift Able to step up/down 18 miches Speak clearly on phone and in person
	 Bend or stoop multiple times during a shift Climb 2 or more flights of stairs Speak dearly on prioric and in person Drive in day time and at night
External Relations Workshop	In this workshop we will discuss the four major components of External Relations (Fundraising, Community Partnerships, Government Operations, and Public Affairs). We will explore how these components work together during a disaster relief operation and how they work with the other areas of the disaster (operations, logistics, planning, and finance). We will look at products that may work across all external relations and discuss better ways to inform all our external partners about the great work the Red Cross is doing; This will be a lively, interactive workshop and is designed for anyone in External Relations, but also for anyone in Disaster Cycle Services.
Facilitative Leadership	The purpose of this course is to prepare participants to practice effective facilitative leadership skills when mobilizing the community to meet client and community disaster related needs. Prerequisites: Collaborating Essentials
First Aid/CPR/AED Blended	This course consists of an online learning and a classroom skills session. Online learning must be completed prior to attending the
Learning	classroom skills session. The skills session will take 1 1/2 hours to complete.
First Aid/CPR/AED Traditional	This is the traditional all-inclusive course for those who do not choose to do the blended learning version. The course teaches
Classroom	participants how to perform First Aid, CPR, and AED and will certify individuals for two years.
FSI: Managing Client Assistance Cards	The Financial & Statistical Information: Managing Client Assistance Cards course prepares disaster workers to perform the tasks of a Financial and Statistical Information staffer working with financial instruments on a Disaster Relief Operation, in a chapter-managed response or in normal and everyday Chapter activity. This course will include the Region tools for maintaining logs of CACs. This will include procedures that are specific to the US Bank CAC program. Persons responsible for controlling a chapter CAC inventory should take this course, even if they are not part of the FSI activity.
General Sessions	Everyone is highly encourage to attend the general sessions. We will have speakers share with us from National Headquarters, the Pacific Division, and the Cascades Region over the weekend.

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Government Operations Fundamentals	Government Operations Fundamentals is a basic level, instructor-led course that introduces the roles, responsibilities and tasks of the Red Cross Government Liaison. The course content is based on the Government Operations Handbook and other Disaster Services program guidance. Participants engage in activities and scenarios that Red Cross government liaisons typically encounter when representing the Red Cross throughout the disaster cycle. The course will also spend time discussing the Red Cross role in ESF6. Prerequisites: The following courses are highly recommended prior to attending or soon after completing Government Operations Fundamentals. Red Cross Training Required (available online): Emergency Operations Center Liaison Self-Study; Collaborating Essentials. FEMA: IS-100.b Introduction to Incident Command System; IS 230.c Fundamentals of Emergency Management; IS-700.a NIMS An Introduction; IS-800.b National Response Framework, An Introduction
Incident Action Planning: IAP 101	Enables participants to practice roles, gain experience, and identify areas for improvement based on the content presented in the Fundamentals of Disaster Assessment course.
Integrated Care Condolence Team Fundamentals	The purpose of this course is to train current disaster responders in Casework and Recovery Planning, Disaster Health Services, Disaster Mental Health and Disaster Spiritual Care on the Integrated Care Condolence Team (ICCT) Standards and Procedures, and to provide guidance and best practices for working in an integrated care condolence team environment.
Logistics: An Overview	Logistics: An Overview is an instructor-led, basic level course designed to give participants an overview of the Logistics group and the activities associated with it. Participants will learn about the skills, abilities and knowledge needed by Logistics workers and how they can become involved in their local chapter.
Logistics: Facilities Management	To assist Red Cross workers in using the forms and tools to do surveys of facilities that may be used on an operation. At the end of this skill session, disaster workers will be able to survey, fill out forms, and understand the basics of shelter surveying. Since this course focuses on forms, you will receive the needed forms when you get to your class. Pre-requisite: Logistics: An Overview
Logistics: In-Kind Donations on Disaster Relief Operations Fundamentals	In-Kind Donations on Disaster Relief Operations Fundamentals is a basic level, instructor-led course that introduces the responsibilities and tasks of an In-Kind Donations responder working in Logistics operations on a disaster relief operation. Participants engage in activities and scenarios that Red Cross Supply responders typically encounter when working on a Red Cross disaster relief operation. Prerequisite: Logistics: An Overview
Logistics: Supply Fundamentals	Supply Fundamentals is a basic level, instructor-led course that introduces the responsibilities and tasks of a Supply responder working in Logistics operations. Participants engage in activities and scenarios that Red Cross Supply responders typically encounter when working on a Red Cross disaster relief operation. Pre-requisite: Logistics: An Overview
Mass Care Management	Is an advanced level, instructor-led course designed to provide participants with skill practice to successfully complete Mass Care management tasks on a disaster relief operation and provide customer service and management support to assigned disaster workers. Audience: Individuals with Mass Care Experience as a Supervisor or Manager
Next Gen ERV Operation Fundamentals	The Next Gen ERV is the long awaited updated ERV. This course is a video overview and training regarding the new ERV and will then be oriented to the new ERV at the site.
Pillowcase Project Fundamentals	The Pillowcase Project is a preparedness education program for children in grades 35, which teaches students about personal and family preparedness, local hazards, and basic coping skills. Generally given as a 60 minute presentation by Red Cross volunteers, the program leads students through a learn, practice, share framework to engage them in disaster preparedness. Students receive a sturdy pillowcase upon completion of the program in which they are encouraged to build their personal emergency supplies kit. Presentations are customized to focus on a hazard that is important and relevant to the local community.
Preparedness Leader	To provide introduces participants to the Preparedness Department, and explains how to present the preparedness message to adults. This course will also offer public speaking tips, and some updates to the materials for those volunteers who may already have experience with the Prepare! program.
Psychological First Aid	Psychological First Aid is a basic level, instructor-led course. It provides a framework for understanding the factors that affect stress responses in disaster relief workers and the clients they serve. Participants engage in practice exercises and complete a self-review questionnaire.
RC View	This is a presentation designed to introduce attendees to the features and functions of RC View and the situational awareness it provides to disaster workers on DAT calls and DROs.

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Red Cross Tools for Local Management in Making Informed Decisions	This session will introduce disaster operation leadership to the tools available on a DRO to support informed decisions at all levels from a single activity to the entire operation. The ARC databases of record will be identified along with their reporting capabilities. Discussions will include the statistical information about disaster services and about financial commitments on the DRO that are provided on the Disaster Operations Control Form 5266, how to efficiently track and collect that information and how to use that information to make informed decisions.
Restoring Family Links Casework	American Red Cross caseworkers at local chapters around the U.S. help families locate missing relatives by working with our partners the International Committee of the Red Cross (ICRC) and Red Cross and Red Crescent organizations in nearly every country around the world. Once a family member is found, the Red Cross helps them reconnect through written messages or by phone. Messages can be very brief, but the three short words I am alive may be all that is needed to ease the minds of distraught relatives half a world away. Red Cross messages can also be exchanged between families and their loved ones in refugee camps and detention centers to allow them to keep in contact and share family news.
SAF Reconnection Workshop	The American Red Cross has developed the Reconnection Workshops. This program for service members, veterans and their families is meant to assist them in transitioning back to life at home after deployments and civilian life. This is a free and confidential program to help those facing challenges in returning to family life, their jobs, and living again in their community. Modules are offered in small groups and participants can choose from a selection of course topics that interest them. This course is limited to SAF Staff (volunteered and paid and is also open to individuals who are veterans.
Shelter Exercise Facilitator Training	This course is for individuals who have completed the Basic Instructor Specialty Course. This is an especially important course for us to build capacity in the region and all new BIST instructors are encouraged to take this course. During this session they will prep to teach facilitate the Shelter Fundamentals Exercise on Sunday. This course also contains a segment on access and functional needs in a shelter.
Shelter Fundamentals Exercise	The Shelter Fundamentals Exercise allows participants to practice the knowledge they gained in the Shelter Fundamentals course. It is a "hands-on" skills-based exercise. Participants work in teams that rotate through four skills rotations based on the four categories of shelter workers presented in the course: Dormitory, Registration, Information, and Feeding. Prerequisite: Shelter Fundamentals (available online in EMBARC)
Sheltering with Confidence	To help volunteers interested in sheltering gain a greater understanding of the forms used in Mass Care, the registration process, dorm layout, set-up and take down so you can build your competence and confidence in your own ability to work in a shelter, supervise a shelter, and/or manage a shelter. The course uses the Sheltering Handbook as its guide in a fun and interactive workshop that will help you gain greater understanding of the sheltering activity. This course also contains a segment on access and functional needs in a shelter.
Staff Services Fundamentals	The purpose of this course is to prepare you for successfully completing required Staff Services tasks on a regional disaster operation; provide you the opportunity to become familiar with the Staff Services Standards and Procedures and Staff Services job tools.
Staff Wellness Fundamentals	The purpose of this course is to prepare Staff Wellness workers to accomplish the duties and responsibilities of Staff Wellness.
Supporting Volunteers and Managing Teams	This course is designed to benefit those who are new to working with volunteers as well as those who have previous experience. It will present opportunities to raise your self-awareness about what you are doing well, as well as identify the positive changes you can make to enhance your success as a supervisor of volunteers.
Using Red Cross Websites	This class covers the Red Cross websites that we use in everyday activities. The course will give an introduction and help you better understand The Exchange, Embarc, DCSOps, and Volunteer Connection. Bring your computer and we'll help you become Red Cross website sawy.
WiFi Garden	Use this time to do online training in the WiFi Garden where there will be "Gardeners" available to help you with EMBARC/LMS, FEMA Online, Basic Food Safety and other online courses, or Volunteer Connection.
Wildfire Incident Command Post (for Government Liaison)	This session will focus specifically on how a Government Liaison (GL) performs at a Wildfire Incident Command Post. There are unique elements related to this environment and not everyone will be comfortable with it. Join us for a discussion about the unique skills and role of a GL, and how situational awareness is established for our operational planning purposes during a wildfire response. An Office of State Fire Marshal representative will be presenting.