

**Fired Up Institute: July 13 - 15, CSUS: Session Name & Basic Information**

Session Name / Course Name	Session Type	Session Description
Assisting Children in a Disaster Workshop	All	<p>Description: This workshop will focus upon the emotional trauma suffered by children in a disaster setting, whose response to disaster will vary according to the child's age and stage of development. Topics will include shelter design and activities, safety concerns, parental coaching and the specialized role of DMH. A significant focus will be on dealing with unaccompanied minors and working to accomplish family reunification in a safe and professional manner. Training will be given regarding mandated reporting. The role of our external partners and local school districts will also be explained.</p> <p>Bob Grosch is a California licensed Marriage &amp; Family Therapist.</p> <p>Prerequisites: There are no prerequisites for this course</p>
Born on the Battlefield	All	<p>Description: This instructor-led class provides an introduction to the history of the Geneva Conventions and the International Red Cross and Red Crescent Movement by examining their common roots and their current state. The course engages participants through videos and group discussions. Participants are encouraged to apply their knowledge through further learning and the promotion of chapter involvement in International Services programs.</p> <p>Prerequisites: There are no prerequisites for this course</p>
Bulk Distributions Operations	Mass Care	<p>Description: Bulk Distribution Operations is an instructor-led, basic level course. It is an interactive course where participants engage in scenarios to learn how to apply the guidance covered in the Bulk Distribution Handbook. The handbook provides information and tools for use on disaster relief operations, chapter responses and in the classroom.</p> <p>Prerequisites: • Disaster Cycle Services: An Overview</p>
CAS for Regional DAT and Casework	Recovery	<p>Description: This course is designed for people using CAS for DAT, Casework, and Follow-up, either for the first time or as a refresher course. Practical advice and practice on narratives. Will have up-to-date guidance for standards in Gold Country Region.</p>
Collaborating Essentials	External Relations	<p>Description: Collaborating Essentials is a basic level, instructor-led course designed to promote and support collaboration at the Red Cross. Participants will engage in discussions and scenarios to determine the different skills and behaviors required for building and maintaining internal and external relationships. The course emphasizes the role that collaboration plays in the successful delivery of disaster services.</p> <p>Prerequisites: • Disaster Cycle Services: An Overview</p>

<p>Disaster Cycle Services: An Overview</p>	<p>All</p>	<p>Description:  This course is the first in the Disaster Cycle Services course curriculum. It provides an overview of how DCS fulfills the Red Cross mission and describes the whole cycle process of helping individuals, families and communities to prepare for, respond to and recover from disasters. The course also reviews the role of community and government partners and describes opportunities for volunteers in Disaster Cycle Services.</p> <p>Note: This course replaces all versions of Disaster Services: An Overview.</p> <p>Those who took Disaster Services: An Overview do not need to take this new course, but will find it helpful, both as a refresher and as an introduction to whole cycle disaster operations.</p> <p>Prerequisites:  There are no prerequisites for this course</p>
<p>Disaster Spiritual Care Fundamentals</p>	<p>Spiritual Care</p>	<p>Description:  Disaster Spiritual Care Fundamentals is an instructor-led course, designed to familiarize learners with the spiritual care function. Training is designed to teach to the standards and procedures doctrine and to standardize the provision of disaster spiritual care services. This training is required to be deployed to the disaster spiritual care activity. Those previously trained through unofficial presentations are required to take this course. This course can be offered either in-person or virtually.</p> <p>Prerequisites:  <ul style="list-style-type: none"> <li>• Disaster Cycle Services: An Overview</li> <li>• Disaster Spiritual Care: Introduction</li> <li>• Psychological First Aid</li> </ul> </p>
<p>ERV: Ready, Set, Roll (Offsite)</p>	<p>Mass Care</p>	<p>Description:  ERVs: Ready, Set, Roll is basic level course that can be taken as a selfstudy or delivered in a classroom setting. The course provides participants with the opportunity to learn about and use an emergency response vehicle (ERV) and all related equipment.</p> <p>This course consists of two sessions. In the first session, participants use the participant workbook, video and the Safe Handling Procedures on Disaster Relief Operations handbook to learn about the safe use and operation of an ERV. At the conclusion of the first session, participants complete a self-administered true or false question course review. In the second session, participants receive an ERV orientation and take a road test conducted at a Red Cross chapter.</p> <p>Prerequisites:  <ul style="list-style-type: none"> <li>• Disaster Cycle Services: An Overview</li> </ul> </p> <p>Note: To attend the ERV orientation and take the road test, the following are required:  <ul style="list-style-type: none"> <li>• Completion of the first session of the ERVs: Ready, Set, Roll self-study or instructor-led training and course review</li> <li>• Must be at least 21 years of age</li> <li>• A valid driver's license</li> <li>• A clean driving record, verified by a Department of Motor Vehicles (DMV) report</li> </ul> </p> <p>To be eligible to drive an ERV, the following are required:</p>

Feeding Fundamentals v2	Mass Care	<p>Description: Feeding Fundamentals v2 is a basic level course for disaster responders who conduct tasks associated with Feeding when supporting disaster relief operations (DROs).</p> <p>Disaster workers who took the previous (2013) version of Feeding Fundamentals are required to take this new course within the next 6 months (by August 2018) or before deploying to a disaster operation in the feeding activity.</p> <p>Prerequisites:</p> <ul style="list-style-type: none"> <li>• Disaster Cycle Services: An Overview</li> <li>• Mass Care: An Overview</li> <li>• Basic Food Safety</li> </ul>
Government Operations Fundamentals	External Relations	<p>Description: Government Operations Fundamentals is a basic level, instructor-led course that introduces the roles, responsibilities and tasks of the Red Cross government liaison. The course content is based on the Government Operations Handbook and other Disaster Services program guidance. Participants engage in activities and scenarios that Red Cross government liaisons typically encounter when representing the Red Cross throughout the disaster cycle.</p> <p>Note: Government Operations Fundamentals replaces the Emergency Operations Center/Incident Command Liaison (DIS000033) course.</p> <p>Recommended Pre- or Post Course Work: The following courses are highly recommended prior to attending or soon after completing Government Operations Fundamentals.</p>
In-Kind Donations on Disaster Relief Operations Fundamentals	Logistics	<p>Description: In-Kind Donations on Disaster Relief Operations Fundamentals is a basic level, instructor-led course that introduces the responsibilities and tasks of an In-Kind Donations responder working in Logistics on a disaster operation. Participants engage in activities and scenarios that Red Cross Supply workers typically encounter when working on a Red Cross disaster operation.</p> <p>Prerequisites:</p> <ul style="list-style-type: none"> <li>• Disaster Cycle Services: An Overview</li> <li>• Logistics: An Overview</li> </ul>
Integrated Care Condolence Team Fundamentals	Recovery, Health Services, Mental Health, Spiritual Care	<p>Description: Integrated Care Condolence Team Fundamentals supports the standards and procedures and highlights the unique aspects of working as a team to provide services to families and friends of missing, injured and deceased loved ones.</p> <p>Prerequisites:</p> <ul style="list-style-type: none"> <li>• Disaster Cycle Services: An Overview</li> </ul> <p>(Note: Learners should already be Disaster Cycle Services workers in Disaster Health Services, Disaster Mental Health, Casework and Recovery Planning, or Disaster Spiritual Care and have completed the appropriate training for their respective activity).</p>

Logistics: An Overview	Logistics	<p>Description: Logistics: An Overview is an instructor-led, basic level course designed to give participants an overview of Logistics and the activities associated with it. Participants will learn about the skills, abilities and knowledge needed by Logistics workers and how they can become involved in their region.</p> <p>Prerequisites: • Disaster Cycle Services: An Overview</p>
Mass Care Management	Mass Care - Supervisor	<p>Description: The Mass Care Management course is an advanced level, instructor-led course designed to inform participants how to successfully complete Mass Care management tasks on a large regional or district level disaster operation and provide customer service and support to assigned disaster workers.</p> <p>Prerequisites: • Concept of Operations Basics • Operations Planning Fundamentals • Concept of Operations Workshop • Supervising the Disaster Workforce • Mass Care Overview • Shelter Fundamentals • Shelter Management • Feeding Fundamentals • Bulk Distribution Fundamentals</p> <p>**Participants must also complete an Application for Training (Form 5898H) to ensure they meet the audience requirements and have successfully completed the prerequisite courses.</p>
Mass Casualty Incident Response Management	Supervisor	<p>Description: Mass Casualty Incident Response Management is an instructor-led course that provides regional and divisional leadership the skills and tools needed to effectively lead mass casualty incident responses.</p> <p>Prerequisites: • Mass Casualty Incident Response Basics • Disaster Frontline Supervisor &amp; Simulation OR Supervising the Disaster Workforce • Concept of Operations Basics • G/A/P of supervisor or above</p> <p>**Participants must also complete an Application for Training (Form 5898H) to ensure they meet the audience requirements and have</p>

OMGAWD! My Cell Phone Doesn't Work	All	<p>Description: Who am I gonna call? How? Cell phones are ubiquitous. We depend on them in every disaster response and deployment to respond to questions from other ARC personnel, request resources, report shelter census, and much, much more. But, what do we do when either during the early hours of a disaster response, the cell phone system and Internet access fails? This class will answer those questions and prepare you to mitigate the problem.</p> <p>Prerequisites: There are no prerequisites for this course</p>
Pillowcase Project Module 2	Preparedness	<p>Description: The Pillowcase Project Presenter Fundamentals course is designed to train volunteers and employees to present The Pillowcase Project to 3rd through 5th grade students (ages 8-11).</p> <p>In Module 2, learners will enhance the instructional techniques learned in the Basic Instructor Fundamentals for Youth course through a practice teaching session with other learners and will receive feedback and coaching provided by the instructor and their peers.</p> <p>Prerequisites:  <ul style="list-style-type: none"> <li>• Basic Instructor Fundamentals for Youth</li> <li>• Pillowcase Project Module 1</li> </ul> </p>
Psychological First Aid	All	<p>Description: Psychological First Aid is a basic level course that provides a framework for understanding the factors that affect stress responses in disaster relief workers and the clients they serve. The course introduces the principles of psychological first aid and guidelines for when to refer to a Disaster Mental Health worker. Participants engage in practice exercises and a review of the course content.</p> <p>Prerequisites:  <ul style="list-style-type: none"> <li>• Disaster Cycle Services: An Overview</li> </ul> </p>
RC View: Collect	Disaster Assessment	<p>Description: RC Collect Workshop is a basic level, instructor-led workshop. It is designed as an interactive workshop for disaster workers to familiarize workers with RC Collect and the integration with RC View. It includes generation of files for use with CAS 2.0 and DSARS. Workshop length is 4 hours. This class does not substitute for the training requirements for detailed damage assessment.</p> <p>Prerequisites:  <ul style="list-style-type: none"> <li>• Videos on RC Collect available on Edge.</li> <li>• Other materials provided by the instructor</li> </ul> </p>

RC View: DAT Dispatch	DAT	<p>Description:</p> <p>The American Red Cross has been migrating the dispatch of DAT (Disaster Action Teams) to another response platform. This is referred to as RC View DAT Dispatch. Gold Country Region is in the midst of this transformation. This session is intended for all Red Cross staff and volunteers involved with DAT and this implementation for managing the response to DAT incidents. This includes those who may be serving in the various roles of Duty Officer, DAT Coordinator, and DAT Responder. This is only one aspect of RC View. All those who are identified with Disaster Cycle Services (DCS) can log into RC View. This is a critical resource for anyone reporting to a DRO and can provide additional information beyond the daily Incident Action Plan (IAP). This will be demonstrated. Attendees are encouraged to bring their smart device. We will spend time to ensure that they can successfully access their RC View account.</p>
Shelter Fundamentals	Mass Care	<p>Description:</p> <p>The revised Shelter Fundamentals is a basic level course that introduces the guidelines and procedures for setting up, running and closing a shelter during a disaster. Referencing shelter checklists, participants will work on a case study that takes them through four of the six phases of the Sheltering Process: Resourcing, Opening, Operating and Closing.</p> <p>Prerequisites:</p> <ul style="list-style-type: none"> <li>• Disaster Cycle Services: An Overview</li> </ul>
Shelter Management	Mass Care - Supervisor	<p>Description:</p> <p>Shelter Management is a basic level course that introduces the roles, responsibilities and tasks of the shelter manager. The course content is based on the American Red Cross sheltering guidance, which is documented primarily in the Sheltering Standards and Procedures, Operating a Shelter Job Tool, Shelter Staffing Job Tool, and Shelter Supply Template Job Tool. There are additional job tools and forms incorporated into this course. All documents are available on The Exchange and instructors should check on The Exchange to ensure the current documents are used.</p> <p>Prerequisites:</p> <p>Red Cross Employees and Volunteers:</p> <ul style="list-style-type: none"> <li>• Disaster Frontline Supervisor &amp; Simulation OR Supervising the Disaster Workforce</li> <li>• Shelter Fundamentals</li> <li>• Basic Food Safety</li> </ul>

Shelter Operations Simulation	Mass Care	<p>Description:</p> <p>The American Red Cross Shelter Operations Simulation establishes an environment for participants to practice the knowledge they learned after completing the Shelter Fundamentals course.</p> <p>It is a “hands on” skills-based simulation. Participants work in teams that rotate through three skills stations based on the four phases of the Sheltering Process presented in the course: resourcing, opening, operating and closing a shelter.</p> <p>In addition, a select number of shelter manager candidates are given the opportunity to practice the knowledge they learned after completing the Shelter Management course as skills station leads.</p> <p>Ideally, the exercise should be conducted in an actual shelter facility that the region uses in the event of a disaster. This will make the exercise more realistic as participants carry out the tasks of shelter workers.</p> <p>Prerequisites:</p> <ul style="list-style-type: none"> <li>• Shelter Fundamentals</li> <li>• Shelter Management (for shelter manager candidates)</li> </ul>
Staff Services Fundamentals	Staff Services	<p>Description:</p> <p>Staff Services Fundamentals is a basic level, instructor-led course that is designed to inform participants how to successfully complete Staff Services tasks on a disaster operation and provide anticipatory customer service and support to assigned disaster workers. The primary focus of this course is directed toward regional staff but also provides the tools to support a larger disaster operation.</p> <p>Prerequisites:</p> <ul style="list-style-type: none"> <li>• Disaster Cycle Services: An Overview</li> <li>• Deployment Fundamentals</li> </ul>
Staff Wellness Fundamentals	Health Services	<p>Description:</p> <p>Staff Wellness Fundamentals is a basic level, instructor-led webinar or inperson training designed to introduce the Staff Wellness Standards and Procedures and to prepare Staff Wellness Health Reviewers and responders to accomplish Staff Wellness tasks.</p> <p>Prerequisites:</p> <p>There are no prerequisites for this course</p>

Supervising the Disaster Workforce	Supervisor	<p>Description: Supervising the Disaster Workforce is an instructor-led, basic level course.</p> <p>To meet the training requirements for a group and activity supervisor position in Volunteer Connection. Completion of the entire instructor-led Supervising the Disaster Workforce course is required. This course cannot be abbreviated.</p> <p>All new and current supervisors and above will be required to take this course before assignment on a disaster relief operation or in the next 6 months. This course contains a large amount of content that was not in Disaster Frontline Supervisor. It addresses many of the issues that have come up on recent operations that well-trained supervisors can resolve. It also covers updated information on working with Event Based Volunteers, new progressive discipline and issue resolutions procedures, intergenerational communications, and worker satisfaction processes.</p> <p>Prerequisites:</p> <ul style="list-style-type: none"> <li>• Disaster Cycle Services: An Overview</li> <li>• Training required to be a Service Associate in an activity in which he or she expects to become a supervisor.</li> </ul>
Supervising Volunteers	Supervisor	<p>Description: The purpose of this workshop is to invest in the development of supervisors of volunteers so that each participant will take action to continuously improve and grow as a supervisor. The Red Cross recognizes the significant impact that supervisors have on volunteers' satisfaction with their experience and have committed to making the Red Cross the premier organization for volunteers to serve.</p> <p>Prerequisites: There are no prerequisites for this course</p>
Supply Fundamentals	Logistics	<p>Description: Supply Fundamentals is a basic level, instructor-led course that introduces the responsibilities and tasks of a Supply responder working in Logistics operations. Participants engage in activities and scenarios that Red Cross Supply workers typically encounter when working on a Red Cross disaster operation.</p> <p>Classroom participants must attend the entire course and complete the classroom activities to earn a course certificate. No assessment is required.</p> <p>Prerequisites:</p> <ul style="list-style-type: none"> <li>• Disaster Services: An Overview</li> <li>• Logistics: An Overview</li> </ul>



Tribal Relations Workshop	External Relations	<p>Description:  Presentation will go over general tribal history in California, emphasizing some political and legislative impacts and highlighting historical relationships. Also will go over current day tribal facts (location, size, governmental structure) and then talk about Emergency Management on tribal lands, how Red Cross has been involved or can be involved. What are some of the factors to consider when placing shelters on tribal lands or working with tribes prior to, during or after a disaster. Lastly will follow up with resources of where to find more information and who to contact.</p> <p>As a former council woman and an enrolled member of the Tuolumne Band of Me-Wuk Indians, Dore Bietz understands the complexities of tribal governments and the need to foster better communication between tribes and outside agencies. She currently works as the Planner and Emergency Manager for the Tuolumne MeWuk Tribal Council where she is involved in every aspect of community development.</p> <p>Prerequisites:  There are no prerequisites for this course</p>
Verbal Judo	All	<p>Description:  Do you sometimes encounter angry, upset people in the course of your job or volunteer work? If you'd like to gain some "verbal judo" skills to de-escalate situations and prevent confrontations, this workshop is for you. In this fun, fast moving interactive workshop, you'll learn to:</p> <ul style="list-style-type: none"> <li>--Communicate so the other party understands</li> <li>--Control your body language and attitude to prevent confrontation</li> <li>--Control your emotions</li> <li>--Avoid trigger words</li> <li>--Be a listener, not a fighter</li> <li>--Handle verbal abuse and confrontation</li> <li>-Handle your personal safety when things go bad</li> </ul> <p>Les Thomas is an expert on verbal de-escalation skills, Les has provided verbal judo workshops for police departments, churches, non-profits, government agencies, and businesses.</p> <p>Prerequisites:  There are no prerequisites for this course</p>